

## ANNUAL REPORT 2022



#### Transparent z.s., ID number: 04470729

TRANS\*PARENT strives for social justice and advocates for rights of and positive social changes to benefit transgender, non-binary, and intersex people.

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## TRANS\*PARENT'S MISSION

- 1. Creating spaces where transgender and genderqueer people can meet, which can also serve for the purposes of other LGBTQI+ organisations and initiatives
- advice free of chargeSpreading awareness about trans issues through discussions, workshops, happenings and an online presentation

2. Organising support groups and providing psychological, social and legal

- 4. Working with the media and the public to build a positive, real and undistorted image of trans people and their lives
- 5. Research activities in the transgender context
- 6. Opening dialogues on difficult trans issues, organising discussions, events and meetings both within the trans community and with people outside of it
- 7. Building an active community of trans people regardless of their self-identification
- 8. Planning to provide job opportunities for transgender people who may have trouble finding a job due to their gender identity

#### **OUR GUIDING PRINCIPLES**

We believe that gender diversity is an integral part of every society and as such, it should be supported, protected and celebrated.

We believe in the right of self-determination, we stand against exoticisation, pathologisation and the classification of transgender identities as mental disorders.

We believe that trans people have the right to live without violence, stigmatisation, discrimination and unequal treatment in their personal, professional and social lives.

Trans\*parent, z.s. was legally established as a registered association on 19 November 2015. However, it was founded in the spring of 2015 as an unofficial group by a trans\* people in response to a need for policy change in the field of transgender rights. The organisation strives for social justice and advocates for the rights and positive social changes to benefit transgender, non-binary, and intersex people in the Czech Republic. This way, Trans\*parent intends to promote understanding and acceptance of trans\* persons both on societal as well as on legal levels through various activities.

### SUPPORT

#### SUPPORT GROUPS

Last year, we actively collaborated with volunteer facilitators to continue our long-term work of organising regular self-support meetings for trans\*, non-binary, and intersex individuals. These meetings offered a safe space where people could share their feelings, experiences, joys, and concerns. Our organisation provided support to trans\*, non-binary, and intersex individuals regardless of their gender identity and self-determination.

Together with others who shared similar experiences, we focused on addressing issues related to the trans\* community and sought answers collectively. These inclusive meetings were open to all trans\* individuals and their loved ones, and participation was free of charge. We aimed to meet the needs of the participants by holding meetings approximately twice a month at various times.

Our organisation aimed to create an environment where trans\* individuals could connect, support one another, and grow. We strived to offer information, resources, and access to quality care for our members throughout their journey.

#### COUNSELLING

In 2022, our collaboration continued on the ongoing OUT project funded by the European Commission under the Rights, Equality and Citizenship Programme (REC-RDAP-GBV-AG-2019), with Prague Pride organisation as the main implementer and coordinator. This project provided financial support for the implementation of support groups until mid-2022. Throughout the year, six individuals took turns in the facilitation position.

During 2022, a total of 17 general groups for trans and non-binary people were conducted (both online and offline), with an estimated total participation of 127 attendees (including both repeated participation and one-time visits). On average, each individual group had approximately 7.4 participants.

#### **CRISIS INTERVENTION TRAINING**

Peter Porubský, former head of Linka bezpečí helpline provided the facilitation team with a crisis intervention course, which equipped us with essential knowledge and skills for our work.

#### SUPPORT GROUPS FOR PARTNERS AND PARENTS

In addition to the support groups mentioned earlier, Transparent organised online support groups for partners of trans\* individuals in 2022. A total of 4 such groups took place, with the participation of 13 partners (including repeated visits). These groups provided a space for sharing experiences, building relationships, and mutual support among partners of trans\* individuals.

We also held online support groups for parents of trans\* children. Throughout the year, a total of 6 meetings were conducted, with the participation of 21 parents (including those who attended multiple times).

These groups offered parents a safe space to share their feelings, concerns, and questions related to their parenting journey with a trans\* child. It was important for them to find support and understanding from other parents who had experienced a similar situation. During these meetings, they could engage in discussions about gender identity, gather information about medical and psychological support options for their child, and share their personal experiences and strategies for managing various situations they might encounter. The groups provided a safe environment for mutual support, sharing experiences, and obtaining information from other parents in similar circumstances.

We are pleased to note that in the past year, we successfully fulfilled our important role in providing support and creating an inclusive community space where partners and parents of trans\* individuals can meet, share their experiences, and support one another. We believe that in the upcoming period, we will continue to create a space for partners and parents of trans\* individuals, enabling them to support each other and find solace in sharing their experiences.

#### QTY: SAFE SPACE FOR YOUTH

Queer & Trans Youth (QTY) is Trans\*parent's affiliated project dedicated to young queer or trans individuals, or those who are exploring their identities. They organise regular meetings both online and in-person, providing support, leisure activities, as well as creative and educational opportunities and also collaborate with other LGBTQ+ events throughout the country (organised by Prague Pride, Sbarvouven, etc.).

Under the leadership of Haru Špindler, Glynis Hull-Rochelle, and Laura Henderson, the QTY program has a long-term focus on socialization, social life, mental health, finding community, friendships, safe spaces, as well as creative activities and culture (music, film, visual arts).

A significant portion of QTY's activities shifted to the online world during the pandemic. However, as the situation improves, we are returning to in-person activities while maintaining and expanding our online presence. Through our comprehensive platform, the QTY Discord server, we now have nearly 1000 active young people. In 2022, we had around 10 online and offline activities each month, including meetups in various cities across the country, support meetings, guest speakers on different topics, and online creative evenings. Our social media presence has also grown, reaching more and more people. For example, we have over 2000 followers on Instagram and over 700 on Facebook. We look forward to the upcoming year!

None of our work would be possible without the amazing and much-needed support we receive, including the grant from FRIDA: young feminist fund and the donations from our loyal supporters. We appreciate every form of support. Without it, we would not be able to maintain and elevate everything that Queer & Trans Youth brings to young people and their loved ones.

#### COUNSELLING

In 2022, the counselling service was managed by therapist Andrea Porschová, who communicated with over 50 individuals through the counselling email address poradna@jsmetransparent.cz.

#### SUPPORT ON FACEBOOK

Transparent manages two special Facebook groups dedicated to supporting the loved ones of trans and non-binary individuals, which are equally important as primary support for trans individuals:

"Partnerky a partneři trans lidí" (Partners of Trans People): 72 members, with an increase of 12 members compared to 2021.

"Rodiče a příbuzní trans lidí" (Parents and Relatives of Trans People): 244 members, with a significant increase of 77 members compared to 2021.

The "Partnerky a partneri trans lidí" group is exclusively intended for partners of trans\* people. It is a closed group, meaning that only members can see its content. It serves as a safe space for those who are in a romantic relationship with a trans\* person.

Similarly, in the "Rodiče a příbuzní trans lidí" group, only those who are relatives of trans\* people are part of the group. It is also a closed group and serves as a safe space.

### ADVOCACY

After the formation of the new parliament and government, we immediately initiated intensive negotiations with relevant parties regarding legislative changes. Meetings on the topic of the situation of trans and non-binary individuals were held with our lobbying team, Lenka Králová and Viktor Heumann, at key ministries including the Ministry of Justice, Ministry of the Interior, Ministry of Health, and Ministry of Education. During these meetings, we explained the necessity of removing the requirement for castration for official gender change, both in terms of international standards and binding decisions of European institutions, as well as in the context of the lived reality of trans and non-binary individuals in the Czech Republic. We were met with openness and can soon expect improvements such as better access to registry offices for recognizing neutral names, a methodology by the Ministry of Education for the inclusion of trans\* students in schools, and changes within the official transition process.

We have also established a fruitful cooperation with the newly appointed Government Commissioner for Human Rights, Klára Šimáčková Laurenčíková, who has been very supportive in communicating our issues to the public and political representation.

Advocacy activities in 2022 took place within the project titled "End to Forced Sterilizations" (Equality without Borders/Dreilinden), which aims to contribute to legislative changes in the Czech Republic that discriminate against trans and non-binary people. We are very grateful for this vital support!



## TOGETHER AGAINST HATRED (PETITION)



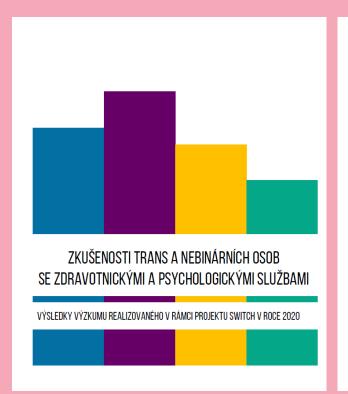
Due to a tragic event that occurred in Slovakia, the initiative "Společně proti nenávisti" (Together Against Hatred) was formed, comprising 23 organisations led by Jsme fér, Prague Pride, In-lustitia, and Trans\*parent. They presented an appeal to the political representation to address legislative deficiencies that harm LGBTI+ people in the Czech Republic. In addition to advocating for marriage equality and the adoption of legislation to protect LGBTI+ victims of prejudice-motivated crimes, the call also includes the demand to abolish the requirement for castration. The call was delivered to key politicians, including the Minister of the Interior and head of STAN party Vít Rakušan, Minister for Regional Development and head of Pirate party Ivan Bartoš, Prime Minister and head of ODS party Petr Fiala, head of the Senate Miloš Vystrčil, head of the Chamber of Deputies Markéta Pekarová Adamová, and a number of other political representatives. By the end of the year, nearly 20,000 people had signed the call.





# FOR BETTER HEALTHCARE AND THERAPEUTIC CARE

#### **SWITCH PROJECT**



In 2022, Transparent continued its work to improve the health and therapeutic care for trans and non-binary people. The organisation was involved in a large project dedicated to this area, which has subsequent impacts on improving the health, social, and legal situation of trans and non-binary individuals in the Czech Republic. After the project concluded, Transparent continued to offer courses for care professionals. Over 100 individuals from the fields of psychotherapy, social work, healthcare, education, and others have participated in these courses.

For more information about the project, visit the website:

www.projectswitch.eu.

### EDUCATION

In the field of education and awareness, we can proudly announce several significant achievements. We have obtained accreditation for working with clients in addiction therapy, and most importantly, we have become an educational institution accredited by the Ministry of Education, Youth, and Sports. Starting from the new year, we will offer the course "Transgender Students: Inclusion in the School Environment" for teachers and professionals working in education. You can find the course offerings in the new Education section on our website.

We have also recently implemented programs for primary and secondary schools in collaboration with the Mezipatra film festival and their program called "Mezipatra na školách" (Mezipatra at Schools), and we have already held several joint presentations for school students!

In addition, we provide training in organisations that serve trans\* and non-binary clients. For example, we conducted courses for Fokus in Prague and Greendoors social services. We have also participated in events organised by ČSOB bank in collaboration with the Pride Business Forum, focusing on legal and administrative aspects of transition in the workplace.

### MEDIA APPEARANCES

In 2022, we actively participated in media communication on trans topics, resulting in 15+ media outputs, including prominent media outlets such as iDnes, Český rozhlas (Czech Radio), Radio Wave, Deník N, Refresher, Heroine, A2larm, and others.

#### "WHAT DO YOU THINK?"

In 2022, thanks to the ILGA-Europe project "Creating Opportunities," we produced a series of 6 short videos on various topics related to the everyday lives of trans and non-binary individuals. These topics included Misgendering, Toilets, Non-binariness, Being Trans is Not a Disease, Faith, and Fashion. We conducted a short social media campaign, and these videos are now part of our educational and training activities.

#### **PUBLIC EVENTS**

During 2022, we actively engaged in educational and public events that contributed to the visibility and support of the trans\* community. One of our significant projects took place during the Transgender Day of Visibility, where we introduced a new video series titled "What Do You Think?". These videos serve as a platform for sharing the stories and experiences of trans\* people, while also being a tool for public education and awareness.

Another notable event in which we participated was Ostrava Pride. During this festival, we were invited to participate in a panel discussion, where we discussed current topics concerning the trans\* community alongside other experts and activists. We also played an active role in Prague Pride, providing support to trans\* individuals through our support group. Additionally, we participated in a picnic gathering at Prague Pride, which aimed to strengthen unity and community.

We didn't forget about other regions either, as we actively participated in events there as well. At Most Pride and Pilsen Pride, we had an informational booth where we provided important information and answered questions from the public. This contributed to greater awareness and understanding of trans\* topics in these regions.

Our involvement in these educational and public events demonstrates our commitment to the trans\* community and our efforts towards their integration, visibility, and recognition in society.



## COMMUNITY EVENTS



In 2022, we organised 7 recreational events. In addition to participating in regional Pride events such as Prague Pride, Ostrava Pride, Pilsen Pride, and Most Pride, we organised 3 major community events. These included the Transgender Day of Visibility at the Prague Pride Community Center, where we showcased our video series among other activities, the Transgender Day of Remembrance, where we honoured the memory of victims of transphobia, and Christmas with Trans\*parent, a festive event celebrating the holiday season.

# TRANS\* REFUGEES FROM UKRAINE

During the war conflict, we provided assistance and support in accessing support services and accommodation to dozens (40+) of refugees from Ukraine. We joined forces with Prague Pride, Prizma Košice, the queerspaces network, and other organisations to provide support to queer and trans refugees in Eastern and Central Europe.

Based on extensive collaboration with care professionals and service providers, we were able to assist people in need in finding accommodation, accessing medical care, hormonal therapy, and psychotherapy.

## TRANS\*PARENT BOARD



the board, Bára Soukupová, resigned to pursue her political career. The addition of two new members, Haru Spindler and Viktor Heumann, helped complete the board.

In October, the two-year term of the existing board came to an end, and elections for the new board were held. Five people decided to run for the positions: Viktor Heumann, Lenka Králová, Haru Špindler, Matty Oaks, and Kateř Tureček. All of them obtained a majority of votes, making them members of the new board.

### FINANCES

In 2022, Trans\*parent received operational financial support from GiveOut, an organisation that helped us immensely to develop our PR activities and social media channels, in the amount of 137,700 CZK. We also received financial support for projects focused on improving medical care and the legislative situation in the country, particularly from the Dreilinden Foundation (in collaboration with Equality without Borders) for the From Pathologization to Recognition project, amounting to 592,471.75 CZK. In 2022, we concluded a major two-year project called SWITCH, funded by the European Commission, with remaining funds for 2022 totaling approximately 130,000 CZK. The FRIDA Foundation supported our Queer & Trans Youth project with an amount of 164,189.97 CZK.

We are also grateful for all the individual donations that enable the organisation to function smoothly, which amounted to a total of 177,512 CZK in 2022. Selected membership fees reached a total of 4,250 CZK in 2022. Donations and membership fees were used to provide direct support in the form of support groups and online counselling, educational and outreach activities within the Czech Republic, the development of online publications and resources, and other items related to the basic operation of the organisation.

#### PROFIT AND LOSS STATEMENT

Označení	NÁKLADY	Činnost		
а	ь	hlavní 1	hospodářská 2	celkem 3
A.I.	Spotřebované nákupy a nakupované služby	1 056		1 056
A.II.	Změny stavu zásob vlastní činnosti a aktivace	0		0
A.III.	Osobní náklady	55		55
A.IV.	Daně a poplatky	0		0
A.V	Ostatní náklady	0		0
A.VI.	Odpisy, prodaný majetek, tvorba a použití rezerv a opravných položek	0		0
A.VII.	Poskytnuté příspěvky	0		0
A.VIII.	Daň z příjmů	0		0
	NAKLADY CELKEM (A.I. + A.II. + A.III. + A.IV. + A.V. + A.VI. + A.VII. + A.VIII.)	1 111		1 111
Označení	VÝNOSY	Činnost		
а	ь	hlavní 1	hospodářská 2	celkem 3
B.I.	Provozní dotace	925		925
B.II.	Přijaté příspěvky	0		0
B.III.	Tržby za vlastní výkony a za zboží	193		193
B.IV.	Ostatní výnosy	0		0
B.V.	Tržby z prodeje majetku	0		0
	VÝNOSY CELKEM (B.I. + B.II. + B.III. + B.IV. + B.V.)	1 118		1 118
C.	Výsledek hospodaření před zdaněním	7		7
D.	Výsledek hospodaření po zdanění	7		7

#### FINANCIAL BALANCE SHEET

AKTIVA	Stav k prvnímu dni účetního období	Stav k poslednímu dni účetního období
Krátkodobý majetek	890	749
Peněžní prostředky v pokladně	11	11
Peněžní prostředky na účtech	879	738
Aktiva celkem	890	749
PASIVA	Stav k prvnímu dni účetního období	Stav k poslednímu dni účetního období
Vlastní zdroje celkem	129	7
Cizí zdroje celkem	761	742
Krátkodobé závazky celkem	53	27
• Dodavatelé	0	15
Ostatní závazky	0	2
• Zaměstnanci	53	10
Jiná pasiva celkem	708	715
Pasiva celkem	890	749

## WHAT MAKES US HAPPY

#### **WEBSITE AND SOCIAL MEDIA**

On our website, jsmetransparent.cz, we systematically share information intended for trans\*, non-binary, and intersex individuals, as well as for professionals and the general public. This information is presented through textual and (audio)visual content. We regularly update our blog, where we publish commentaries, news, and interesting topics related to trans\*, intersex, and non-binary individuals. Additionally, our blog features translations of relevant materials from other organisations.

#### "WHAT DO YOU THINK?"

We are thrilled about our series of six-minute videos titled "What do you think?" This series allows us to showcase the real-life experiences of trans\* individuals in their everyday lives. It serves as an important tool for us to raise awareness, promote understanding, and foster empathy towards the trans\* community.

#### **EDUCATION FOR PROFESSIONALS**

We are very pleased to have recently obtained accreditation from the Ministry of Education, Youth, and Sports (MŠMT) for our course "Transgender Students and Their Inclusion in the School Environment." This accreditation is a significant milestone for us and a testament to the quality of our educational program.

#### SUPPORT FOR UKRAINE

In addition to our main activities, we are proud to have provided assistance to Ukrainian refugees. In line with our belief in the importance of solidarity and support in times of need, we engaged in volunteer activities to support trans\* individuals who were forced to leave their homes due to the conflict in Ukraine.

#### **SUPPORT FROM CONTRIBUTORS AND GRANTS**

We are delighted by the contributions we received in 2022 from individual supporters, as well as the operational and project grants from GiveOut, Dreilinden, FRIDA, and the EU program Rights, Equality, and Citizenship (SWITCH and OUT projects). Without your support, our work for trans\* and non-binary individuals, not only in the Czech Republic, would not have been possible!

## HEADING TOWARDS 2023!

In 2023, Transparent will continue to focus its attention on support and educational activities through the following efforts: public events and presentations, workshops, media work including content creation for blogs and social media, promoting a positive image, and campaigning against the castration of trans individuals.

Above all, we will dedicate ourselves to advocacy and lobbying activities aimed at changing existing discriminatory legislation and collaborating on the creation of a new bill regulating legal gender recognition.

We will also collaborate with medical and therapeutic professionals, offering online and printed resources, webinars, and workshops. Our ambition is to become an organisation representing transgender clients in healthcare, register as a patient organisation with the National Association of Patient Organizations, and officially partner with the Ministry of Health to engage in structural-level negotiations.

Another area of interest is education, where we aim to help create a unified methodology and systematic awareness on our topic for professionals in the education sector and provide trainings on transgender inclusion at schools.

Last but not least, Transparent will continue organising and facilitating support groups in Prague and participate in programs during Prague Pride and other events beyond the capital, such as Brno Pride, Most Pride, Ostrava Pride, Pilsen Pride, and more. We will further organise community events for trans individuals to strengthen cohesion and mutual support within the trans\* community, and actively engage in media.

### PARTNERS AND SUPPORTERS



























& EQUALITY WITHOUT BORDERS



\* REPRESENTS THE SPECTRUM OF NON-BINARY GENDER IDENTITIES